

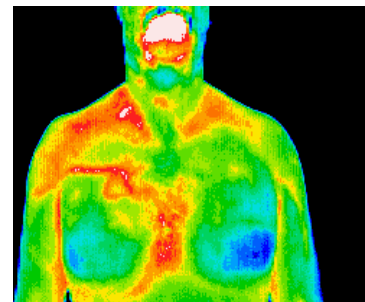
What Men Need to Know About Breast Cancer

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Male breast cancer is real and can be just as dangerous as breast cancer in women. It is expected that over 1,000 men will be diagnosed with male breast cancer each year. Because men often wait to report the symptoms the disease is more likely to have spread, leaving many men with less hope that treatment will lead to recovery.

I know it's more popular to talk about women's breast health but what should a man do if he feels a lump or has pain in his breast/chest/pecs? The fact is men have breast tissue and they can get breast cancer. So what are the warning signs? You may feel a lump or hard knot or swelling in your chest area, the skin on your chest dimples or puckers, your nipple pulls in toward your chest wall, you see any redness or scaling on your nipple, or there is a discharge coming from your nipple. Don't ignore the warning signs.

There is a new technology that can give five images of the chest that would show cellular activity to indicate that you would need further testing such as an x-ray, ultrasound or biopsy. If these tests show that a man has pathology he will need treatment. The kind of treatment depends on what type of breast cancer he has and how early it's found. Awareness is the key -- don't wait for it to spread. These tests can also give you peace of mind if it is benign. Former U.S. Senator and breast cancer survivor Edward Brook said, "I know that by talking about my own breast cancer I may help other men who are unaware that they may have this disease. It's my goal to raise awareness among men and their health care providers that breast cancer is not limited to women, and that early detection can save the lives of men whose breast cancer is found and treated early."



Thermography is very comfortable and the equipment does not touch the body so there is no pain. Thermography uses no radiation so it is safe. The images are interpreted by doctors as part of the imaging process. It is very cost effective and you get the results very quickly in a couple of days. You are in charge of your health maintenance; don't be ashamed to speak up -- your life could depend on it.